

THE PHD
PRESCRIPTION:
CRAFTING A
CAREER IN
MEDICINE AND
BEYOND

FRIDAY 12TH APRIL
INSPIRA MAXI
MEDICON VILLAGE





PROGRAM

REGISTRATION WITH COFFE AND CAKE	08:30-09:00
WELCOME REMARK DIVYA BALI, HEAD OF EVENTS AND JULIANE TAMPÉ, VICE CHAIR OF MDR	09:00-09:15
INTRODUCTION & OPENING REMARK JAN LEXELL, PHD COORDINATOR AT LU	09:15-09:45
JOB MARKET IN LIFE SCIENCE SECTOR PETTER HARTMAN, CEO OF MEDICON VILLAGE	09:45-10:15
ABOUT LDK LAURA COX, DIRECTOR OF INTERNAL AFFAIRS OF LDK	10:15-10:40
FIKA AND MINGLING WITH THE COMPANIES	10:40-11:00
HOW TO SHAPE ONE'S CAREER IN BASIC RESEARCH JOAN YUAN, ASSOCIATE PROFESSOR AT LU	11:00-11:30
MAKING THE JUMP: CHALLENGES AND OPPORTUNITIES WHEN MOVING TO INDUSTRY DIAHANN ATACHO, PORTFOLIO SYSTEM MANAGER AT LUNDBECK	11:30-12:00
LUNCH	12:00-13:00
CAREER CROSSROADS: NAVIGATING THE MOVE FROM ACADEMIA TO INDUSTRY NICLAS LINDQUIST, CAREER COACH	13:00-13:30
HOW TO THRIVE IN ACADEMIA DANIEL BEXELL, ASSOCIATE PROFESSOR AT LU	13:30-14:00
DON'T THEY GET IT?: EFFECTIVE COMMUNICATION STRATEGIES SINDRA PETERSSON, SENIOR ADVISOR AT ESS	14:00-14:30
FIKA AND MINGLING WITH THE COMPANIES	14:30-15:00
WHAT ON EARTH SHOULD I DO NEXT? FROM CAREER STRESS TO CLARITY DEBORAH RUPERT, WELLBEING AND CAREER COACH	15:00-15:30
MINGLING TIME IN MEDICON VILLAGE WITH SNACKS AND WINE/BEER	16:00



JAN LEXELL
PHD COORDINATOR
LUND UNIVERSITY

Jan Lexell is Professor of Rehabilitation Medicine in the Department of Health Sciences at Lund University and Head of the Rehabilitation Medicine Research Group. His research focuses on the consequences of a neurologic disability in a life-long perspective, and sports for people with a disability.

He is serving as Senior Consultant Physician and Director of Residency Training in the Department of Rehabilitation at Ängelholm Hospital, Sweden. He is also the Study Coordinator of the PhD Programme and Member of the Research Studies Board at the Medical Faculty, Lund University. He gives the elective PhD course "Writing reviewing and publishing scientific papers" and is the author of the book with the same title.



PETTER HARTMANCEO OF MEDICON VILLAGE

Petter Hartman has been the CEO of Medicon Village Innovation since November 2021. He previously served as CEO of the Swedish-Danish cluster organization Medicon Valley Alliance, holding a strong background in the European Regional Development Fund (ERDF) and he worked to support cross-border research collaborations at a Nordic level. At Medicon Village Innovation, Petter is responsible for the development of future strategies, innovation projects, funding strategies and key stakeholder management. Additionally he holds roles as a member on several regional and European boards



LAURA COX
EXECUTIVE DIRECTOR
INTERNAL AFFAIRS AT LDK

Laura Cox is the Executive Director of Internal Affairs for Lund's Doctoral Student Union LDK (2023-2024). She Sweden in 2020 from background Kinadom.holdina a in mental health assessment and intervention. She is completing her PhD at the Department of Psychology in the Faculty of Social Sciences and her studies are focused on parents' workfamily experiences during and since the COVID-19 pandemic. Her main duties as a student representative have focused on PhD wellbeing and career planning.



JOAN YUAN ASSOCIATE PROFESSOR LUND UNIVERSITY

Joan Yuan is an associate professor at Lund University. She received her undergraduate education in Biomedicine and PhD studies focusing in T cell development from Lund University (Sweden) and University of Virginia (USA), respectively. She continued on as a postdoctoral fellow at the National Institutes of Allergy and Infectious Diseases (USA). Yuan's team employs advanced mouse genetic tools to shed light on the origin and contribution of fetal and neonatal hematopoiesis on the diversity and function of the adult B cell compartment alongside mechanisms of LIN28B action. Her passion in sharing her love of immunology brought her to initiate the Lund ImmunoTalks seminar series with the goal of bringing visibility and scientific exchange especially within Lund Stem Cell Center (LSCC).



DIAHANN ATACHOPORTAFOLIO SYSTEM
MANAGER AT LUNDBECK

Diahann Atacho is the Portfolio System Manager at H. Lundbeck A/S in Copenhagen. She holds a MSc in Medical Neuroscience from Charité-Universitätsmedizin institute in Berlin and a PhD in Biomedical Sciences from the University of Iceland. She has a strong research background in, having experience encompassing diverse techniques and complex experimental models.Before transitioning to industry, she served as Postdoctoral Fellow at Lund University, where she led projects focused on determining the role of long non-coding RNAs in brain development. Diahann is also the person behind LinkedIn's #LundbeckMakingTheJump interview series, where she engages with Lundbeck professionals about intricacies of transitioning from academia to industry.



NICLAS LINDQUIST CAREER COACH

Niclas Lindqvist is Molecular Biologist and has >25 years experience as Brand Leader, independent Senior Advisor, Global Product Manager, Business Unit Director within recruitment and staffing in the Life Science sector. He is also a certified coach and Senior career advisor with > 2500 clients, helping them to transition to new jobs. Senior lecturer for Pharmaceutical industry, covering areas such as GCP, GMP, GDP, Medical Marketing, Regulatory Affairs, Health Economy, Ethical Marketing has Critical reviewing. Не worked Trygghetsstiftelsen, Trygghetsrådet, Omställningsfonden, Apotekarsociteten, Mentlife and he is the owner of Svensk Medicin AB.



DANIEL BEXELLASSOCIATE PROFESSOR
LUND UNIVERSITY

Daniel Bexell graduated from Lund University, where he studied brain tumors and stem cells. He established his own lab in 2017 with focused research on childhood cancer neuroblastoma, aiming to unravel mechanisms of neuroblastoma metastasis and treatment resistance, hopefully leading to discovery of compounds targeting neuroblastoma. The projects encompass aggressive studies on basic tumor biology, together with translational and preclinical studies. aiming to find mechanisms of treatment resistance and novel treatments. In 2023, he obtained ERC Consolidator Grant studies of neuroblastoma resistance and novel treatments. Daniel is currently group leader, Senior Lecturer and Associate Professor in molecular medicine at Lund University. Daniel is also co-chair of the strategic network for pediatric cancer research at Lund University Cancer Center (LUCC).



SINDRA PETERSSON SENIOR ADVISOR AT ESS

Sindra Petersson, with an MSc in Physics and a PhD in Biochemistry, boasts a wide-ranging interest in natural sciences. Her academic journey began at Lund University, punctuated by a stint at the Australian National University. Petersson co-founded two companies—one in lab tech and another in retro culture and dance. In 2011, she left academia to join ESS, where she's been since its inception, now as Senior Advisor on Strategy, Policy, and Communications. From elucidating her PhD research to neutron science and large research infrastructures, she ardently communicates science, always seeking to offer fresh insights to diverse audiences.



DEBORAH RUPERTWELLBEING & CAREER
COACH

Déborah Rupert is a wellbeing and career coach. She holds a PhD in biological physics and she is also certified by the international coaching federation. She is committed to supporting researchers to thrive with tools for burnout prevention, stress management and career clarity. This led her to found Dear Academia, an organization dedicated to cultivating the wellbeing of researchers and nurturing a healthy academic working environment. She is also a career coach for the Swedish employment agency. When she is not coaching or giving workshops, she is traveling around with her motorhome, exploring nature or dancing argentine tango.

You can reach her through her website www.deborahrupert.com and contact her through LinkedIn.

M DR

REPRESENTATION

The Medical Doctoral Student Council / Medicinska Doktorandrådet (MDR) is the doctoral student council that represents all PhD students at the Faculty of Medicine. MDR represents students across 35 different boards and committees including the faculty boards, departmental boards, research education committee, and strategic research areas.

MDR strives to ensure the best PhD research education and environment bu participating in decision-making processes in all boards it holds representatives

SUPPORT

MDR supports PhD students if problems arise and can be contacted by any PhD student of the Faculty for advice and support.

In MDR's monthly meetings participants discuss recent events at the Faculty of Medicine and receive updates from University boards and find ways to support PhD students. The meetings are meant to highlight and work on the issues that PhD students are facing.

ENGAGEMENT

MDR organises events to disseminate useful information/knowledge as well as networking and career development events. We aim to facilitate social networking among the PhD students and provide opportunities to further student's careers

We hold an annual conference day, the PhD Day, to enlighten the PhD journey and future steps.

MDR Chair

Nika Gvazava

Vice Chair

Juliane Tampé

Head of Events

Divya Bali

Secretary

Ganesh Giri

Communications Officers:

Anna Orduna Dolado Christina- Anastasia Stimuli

PROMOTE CHANGE! **JOIN US**



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